

Friday 28 June 2024

Dear Parent/Carer

Over the next couple of weeks, Year 1 and Year 2 will be discussing the **NSPCC's Underwear Rule** in our PSHE lessons.

During these discussions we will aim to teach our children the following important safety skills without giving explicit information or telling scary stories. We will be teaching our children the NSPCC's Underwear Rule, using the 'PANTS' acronym, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- **Privates are private**
- **Always remember your body belongs to you**
- **No means no**
- **Talk about secrets that upset you**
- **Speak up, someone can help**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- **"appropriate" and "inappropriate" touching**
- **your child's right to say no to things that make them feel upset or uncomfortable**
- **who your child can turn to if they ever feel upset or worried**

In Year 2, children will also learn the correct terminology for parts of the body.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at nspcc.org.uk/underwearrule

If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely



Claire Jones

Year 2 Teacher/ KS1 PSHE Coordinator