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Dear Parent/Carer

Over the next couple of weeks, Reception will be discussing the **NSPCC's Underwear Rule** in our PSHE lessons.

During these discussions we will aim to teach our children the following important safety skills without giving explicit information or telling scary stories. We will be teaching our children the NSPCC's Underwear Rule, using the 'PANTS' acrostic.

PANTS stands for:

- **Privates are private**
- **Always remember your body belongs to you**
- **No means no**
- **Talk about secrets that upset you**
- **Speak up, someone can help**

All sessions are delivered in a fun, age appropriate way and help children to understand the difference between appropriate and inappropriate behaviour. The content of the lessons will be age related and children's individual needs and level of development will be taken into account.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at nspcc.org.uk/underwearrule

If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely

Claire Jones

Year 2 Teacher/ KS1 PSHE Coordinator