## Woodside School Governors PE/Sport/Healthy Lifestyles/Curriculum Action Planning 2022/2023

Target	Activities	Led by	Cost	Time Scale	Planned Outcomes/Impact	Evaluation
To aim for the silver sports award.	To use the criteria from the Sports Mark website to move up onto the silver award.  To meet with Mollie Croxon (School Games Organiser) to discuss what we have achieved and need to achieve.	Charlotte Rowlands Kelly Jones	N/A	By July 2023	The children will become more enthusiastic and involved in sport.  Further recognition given to the developments in sport and fitness at school.	
To continually update the PE and Sports Policy to reflect current practice.	To update the current policy to include new practice according to the new curriculum.  Advice taken from county officials and Shropshire Council.  CR and KJ to attend PE meetings and training throughout the year.	Charlotte Rowlands Kelly Jones	N/A	By July 2023	The teaching of PE is up to date. Parents have access to current policy.	
To up-skill all teaching and relevant support staff re- the teaching of quality PE and Sport	All appropriate staff experience high quality targeted professional development by working closely and under the supervision of the sports coach that we employ.	TNS + Mike O'Reilly	£22,500 training budget.	By July 2023	The quality of the teaching and the leadership and management of PE and Sport continues to improve and all teachers acquire a more specialist knowledge of teaching PE.	
For children to understand the importance of healthy eating related to leading	The sports crew to deliver an assembly to each year group on the importance of healthy eating.	Charlotte Rowlands Kelly Jones	N/A	By July 2023	Children to eat healthily and have gained knowledge on the importance of leading a healthy lifestyle.	

a healthy lifestyle.	The sports crew to meet with Academy Catering and interview them on healthy eating.	Academy Catering			Links made to PSHE and science curriculum.	
To extend games by having activities for all children in KS1 and KS2 at lunch and break times.	Equipment purchased for lunch times and break times.  Sports Crew to deliver clubs and meet with Miss Bennett to discuss equipment and costings.	Charlotte Rowlands Kelly Jones	Extra money from main budget.	Ongoing. Reviewed termly.	A healthy sporting culture is further developed.  Children more active during the school day.  Engagement with lunch time supervisors.  Children take responsibility for organising their planned activities.  Children develop their competitive and social skills through games.	
To continue to encourage competition through the house system.	Children, governors and staff continue to work in partnership.  To complete a house competition every half term.	Claire Bennett  Louise Jones  Karen Williams  Charlotte Rowlands  Kelly Jones  Sports Crew  Trustees	N/A	Monitor throughout the year.	A healthy competitive culture is further developed across our school and the house system has been updated to reflect this.	
To evaluate the curriculum design to ensure progression for all children.	CR and KJ to ensure that the application of skills is consistent across the school and that TNS understand the	Claire Bennett	Nil	Ongoing	A revised PE SOW which ensures that healthy lifestyles and competitiveness is integrated into all learning.	

	requirements when they deliver sessions.  Review planning for each year group and ensure progression of skills are clear in both teacher planning and planning provided by TNS.  To monitor lessons across the school.  To speak with children in all year groups about P.E. within school.	Charlotte Rowlands Kelly Jones Mike O'Reilly			Core skills and basic movements are improved.  The SOW has been revised. It reflects on the need to include a wide range of sports and skills in our curriculum with reference to the Chris Quigley curriculum.	
To encourage inactive children to take part in activity.	To work in partnership with parents and health agencies to enable overweight and obese children to participate regularly in a personalised programme of PE and Sport as part of a healthy lifestyle.  The Sports Crew to deliver their assemblies on leading a healthy lifestyle.	Kelly Jones  Charlotte Rowlands  Mike O'Reilly from TNS	Budget within sports fund.	Review termly	Children who are overweight/obese participate in all class physical activity and individual exercise/activity programmes as part of our Change for Life initiative.	
To develop a sports crew to help design the curriculum, after school clubs and promote a healthy lifestyle.	To ask Year 5 teachers to recommend a number of children who are ambassadors of P.E. for our school.  To meet with these children every 2 weeks	Kelly Jones Charlotte Rowlands	N/A	Every 2 weeks	To have a better understanding of how many children are leading an active lifestyle.  To have a clearer understanding of the sport that children are completing outside and within school.	

	to gain ideas on P.E. in Woodside School.				To gain a pupil point of view towards sport at Woodside.	
To develop the participation of gifted and talented children within competitions.	Extra sessions completed by our sports coach. Gifted and talented children are selected to participate in local sporting events.	Charlotte Rowlands Kelly Jones	NA	By July 2023	Children will develop their skills and techniques and therefore compete more successfully.	
To develop the confidence of swimmers who cannot swim 25m in Year 4.	To liaise with Year 4 teachers on children who didn't swim 25m and lacked confidence in the water.  To look at costings of pool and mini bus hire.	Charlotte Rowlands Kelly Jones	Extra money from main budget.	Spring 2023	A targeted number of children will become water confident.	
To develop teacher's confidence and ability to deliver dance within the curriculum.	To liaise with Mollie Croxon and Sian Grassby on possible dance training for teachers.	Charlotte Rowlands Kelly Jones	N/A	July 2023	Teacher's will become more confident in their delivery and planning of dance within the school curriculum.	