

Woodside School Governors

PE/Sport/Healthy Lifestyles/Curriculum Action Planning

2023/2024

Target	Activities	Led by	Cost	Time Scale	Planned Outcomes/Impact	Evaluation
To maintain the Gold Award.	<p>To use the criteria from the Sports Mark website to ensure we maintain our Gold Award.</p> <p>To meet with Louis Gray to make connections with secondary schools (link from criteria)</p>	<p>Charlotte Rowlands</p> <p>Kelly Jones</p>	N/A	By July 2024	<p>The children will become more enthusiastic and involved in sport.</p> <p>Further recognition given to the developments in sport and fitness at school.</p>	<p>We have maintained the Gold Award for this year.</p> <p>Following the criteria to maintain the award has meant that our school is continuously following recommended practice and promoting physical activity for all children.</p>
To continually update the PE and Sports Policy to reflect current practice.	<p>To update the current policy to include new practice according to the new curriculum.</p> <p>Advice taken from county officials and Shropshire Council.</p> <p>CR and KJ to attend PE meetings and training throughout the year.</p>	<p>Charlotte Rowlands</p> <p>Kelly Jones</p>	N/A	By July 2024	<p>The teaching of PE is up to date.</p> <p>Parents have access to current policy.</p>	<p>We have attended all network meetings throughout the year and liased with colleagues from other schools and outside agencies.</p> <p>We sought advice from specialist coaches on how to best deliver our gymnastics lessons with teachers who are less confident in this discipline.</p> <p>Their recommendations led to us purchasing a new PE scheme.</p> <p>We have kept up to date with health and safety recommendations and ensure that any updates are shared with parents/carers and children. For example, children are not allowed to participate with earrings in/uncovered.</p> <p>Children are required to provide their own tape for earrings that cannot be removed, and staff are not allowed to assist with this.</p>

						Our school website reflects our curriculum intent clearly, and we assess this annually in line with our PE scheme.
Children to have access to quality 1 hour PE and sport lessons in every year group, in addition to the hour they receive from their class teacher.	Mike O'Reilly to deliver 1-hour lessons to all children from Reception-Year 6.	Mike O'Reilly	£21,830	Ongoing	The quality of the teaching and the leadership and management of PE and Sport continues to improve, and all children have access to quality lessons by a specialist teacher.	Our sports coach – Mike O' Reilly delivers 1 hour of high-quality PE to each class each week. Teachers are present for entry and exit assessment lessons with Mike to allow him to model best practise and ensure teachers have access to CPD throughout each half term.
For children to understand the importance of healthy eating related to leading a healthy lifestyle.	The sports leaders to deliver an assembly to each year group on the importance of healthy eating. The sports leaders to meet with Academy Catering and interview them on healthy eating.	Charlotte Rowlands Kelly Jones Academy Catering	N/A	By July 2024	Children to eat healthily and have gained knowledge on the importance of leading a healthy lifestyle. Links made to PSHE and science curriculum.	Children were involved in healthy eating campaigns, such as 'eat them to defeat them', across the school. Our new sports leaders will continue this in the next academic year. As a school, we also noticed that children were becoming less active at play times, so purchased new equipment to encourage active play throughout the day.
To extend games by having activities for all children in KS1 and KS2 at lunch and break times.	Equipment purchased for lunch times and break times. Sports Leaders to deliver clubs and meet with Miss Bennett to discuss equipment and costings.	Charlotte Rowlands Kelly Jones	Extra money from main budget.	Ongoing. Reviewed termly.	A healthy sporting culture is further developed. Children more active during the school day. Engagement with lunch time supervisors. Children take responsibility for organising their planned activities. Children develop their competitive and social skills through games.	Children were involved in deciding on the activities to be included in the lunchtime play boxes which were used throughout the school year. Therefore, children are now encouraged to be more active at play times – contributing to the 60 active minutes recommended for children by the Chief Medical Officer.

<p>To continue to encourage competition through the house system.</p>	<p>Children, governors and staff continue to work in partnership.</p> <p>To complete a house competition every half term.</p>	<p>Claire Bennett</p> <p>Louise Jones</p> <p>Mike O'Reilly</p> <p>Charlotte Rowlands</p> <p>Kelly Jones</p> <p>Sports Crew</p> <p>Trustees</p>	<p>N/A</p>	<p>Monitor throughout the year.</p>	<p>A healthy competitive culture is further developed across our school and the house system has been updated to reflect this.</p>	<p>Children competed in house competitions at the end of each half term and were rewarded house points.</p> <p>This developed rapport between children across different year groups and promoted participation in physical activity other than weekly PE lessons.</p> <p>As well as practising skills learnt that half term, the competitions were also designed with all children in mind and had a focus on physical activity and movement to encourage all children to take part.</p>
<p>To evaluate the curriculum design to ensure progression for all children.</p>	<p>New PE scheme to be purchased by school to ensure that our curriculum coverage is broad and progressive throughout the school.</p> <p>To monitor lessons across the school.</p> <p>To speak with children in all year groups about P.E. within school.</p>	<p>Claire Bennett</p> <p>Charlotte Rowlands</p> <p>Kelly Jones</p> <p>Mike O'Reilly</p>	<p>£550</p>	<p>Ongoing</p>	<p>A revised PE SOW which ensures that healthy lifestyles and competitiveness is integrated into all learning.</p> <p>Core skills and basic movements are improved.</p>	<p>A new PE scheme, Get Set for PE, was purchased to ensure progression across all year groups.</p> <p>The start and end points of our PE curriculum are now clear, and the development of skills is clear to see throughout the year groups.</p>
<p>To encourage inactive children to take part in activity.</p>	<p>To work in partnership with parents and health agencies to enable overweight and obese children to participate regularly in a personalised programme of PE and Sport as part of a healthy lifestyle.</p> <p>The Sports Crew to deliver their assemblies on leading a healthy lifestyle.</p>	<p>Kelly Jones</p> <p>Charlotte Rowlands</p> <p>Mike O'Reilly</p>	<p>Budget within sports fund.</p>	<p>Review termly</p>	<p>Children who are overweight/obese participate in all class physical activity and individual exercise/activity programmes as part of our Change for Life initiative.</p>	<p>Children participated in Change for Life clubs throughout the year.</p> <p>During the sessions, the children developed their agility and coordination and were taught about the benefits of taking part in regular physical activity.</p> <p>Since implementing the new play boxes, and after watching</p>

						<p>the children during their play times, we have noticed increased physical activity levels from the children.</p> <p>The children also made suggestions for new sports clubs for the Autumn term.</p>
<p>To designate sports leaders to help design the curriculum, after school clubs and promote a healthy lifestyle.</p>	<p>Mike O'Reilly to select 10 children who are ambassadors of P.E. for our school.</p> <p>To meet with these children every 2 weeks to gain ideas on P.E. in Woodside School.</p>	<p>Kelly Jones</p> <p>Charlotte Rowlands</p> <p>Mike O'Reilly</p>	N/A	<p>Every 2 weeks</p>	<p>To have a better understanding of how many children are leading an active lifestyle.</p> <p>To have a clearer understanding of the sport that children are completing outside and within school.</p> <p>To gain a pupil point of view towards sport at Woodside.</p>	<p>Sports leaders were involved with the delivery of clubs and sports events throughout the year.</p> <p>The children promoted physical activity to their peers and gained experience in delivering physical activity sessions for younger children.</p> <p>Younger children responded well to the sports leaders and were encouraged to take part.</p>
<p>To develop the participation of gifted and talented children within competitions.</p>	<p>Extra sessions completed by Mike O'Reilly.</p> <p>Gifted and talented children are selected to participate in local sporting events.</p>	<p>Charlotte Rowlands</p> <p>Kelly Jones</p>	NA	<p>By July 2024</p>	<p>Children will develop their skills and techniques and therefore compete more successfully.</p>	<p>We attended a large number of sports competitions last year which involved our gifted and talented children.</p> <p>Our children were able to compete against other children of similar abilities and developed a healthy competitive nature.</p>
<p>To develop the confidence of swimmers who cannot swim 25m in Year 4.</p>	<p>To liaise with Year 4 teachers on children who didn't swim 25m and lacked confidence in the water.</p>	<p>Charlotte Rowlands</p> <p>Kelly Jones</p>	<p>Awaiting final figure</p>	<p>Summer 2024</p>	<p>A targeted number of children will become water confident.</p>	<p>A new swimming venue for the Y4 children was sourced.</p> <p>Unfortunately, due to over subscription, they were unable to offer additional lessons for children once they reached Y5.</p> <p>However, additional lessons for next year have now been booked.</p>

<p>To develop teacher's confidence and ability to deliver dance within the curriculum.</p>	<p>Implement new SoW by Spring term.</p> <p>Use staff meeting time to show teachers new scheme and where to access the new resources.</p>	<p>Charlotte Rowlands</p> <p>Kelly Jones</p>	<p>N/A</p>	<p>Spring 2024</p>	<p>Teacher's will become more confident in their delivery and planning of dance within the school curriculum.</p>	<p>A new scheme was purchased to support the teaching of dance across the school.</p> <p>Teachers are now more confident at delivering dance lessons, and the children have access to quality resources, including videos and posters, to support their learning.</p>
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